



North Dakota Cheer Coach Association

www.northdakotacheer.com

Definition of a Certified Cheer Coach

When designated as a **cheer team coach**, that coach must be the bona-fide coach of said cheer team. The coach must **attend** and **run** all team practices and assume **full** responsibility for that particular cheer team. They must be listed by their school as that specific team's coach. In order to be a **certified** cheer coach in North Dakota, the following steps must be followed:

- Coach must take and pass the ASEP Sport First Aid course and ND-developed hands-on stunting class. (This only needs to be done once—not repeated)
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- Proof of passing the ASEP course **with your name included** must be mailed to the NDCCA certification official to be kept on file.
- CPR/First Aid must be taken/updated every 2 years.
- HEAT RELATED ILLNESS must be taken once. This is found on the nfhslern.com website, and is free
- If a coach has coached for 5 years, they must take an additional course **BEFORE** the start of their 6th year. Courses will be required at each 5 year increment. (attending Coaches Day all day counts for this requirement)
- Proof of passing the National Federation CONCUSSION COURSE must be included when mailing certification to complete THE SMIRTBULES EVERY OTHER YEAR. www.northdakotacheer.com website.
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- At least one cheerleader per squad of the coach desiring to be certified must **annually** attend an approved cheer camp held by a bona fide company - in ND, that is UCA and NCA. (One person from the basketball squad; one person from the football squad, etc.) THE CAMP MUST BE A 2 DAY CAMP—OR A "LONG" ONE DAY CAMP (8am-9pm)
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- The NDCCA update form needs to be completed **annually**—form found on www.northdakotacheer.com website.
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- **The coach will also not be considered certified if any part of the form is not complete.**
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- The update form must be mailed to the NDCCA official before: September 1st for Fall sports; December 1st for Winter sports.
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- Update forms received after the above dates will be assessed a \$35 late fee. **THE COACH WILL NOT BE CONSIDERED CERTIFIED UNTIL THIS FEE IS PAID.**
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- The late fee penalty must be paid by **October 1st** for Fall, and **January 2nd** for Winter seasons. If fees are not received by these dates, that coaches teams would not be eligible for any NDCCA activities: cheer competition, scholarships, NDCCA Senior Award, etc.
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- In a school that has different coaches for each cheer team, EACH of those teams must have a certified coach in order to stunt. That coach must be recognized by the school as that squad's cheer coach. (For example, if girl's basketball and boy's basketball cheer coaches are different people, they each must be certified.)