



## NDCCA Safety Inspector

### Infraction Checklist

Team \_\_\_\_\_

Competition: Fall or Winter Year: \_\_\_\_\_

Session: Practice or Performance

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- Fingernails:** (Fingernails, including artificial nails, must be kept short near the end of the fingers.)  
Y or N      Number of athletes in violation \_\_\_\_\_
  
- Jewelry:** (no jewelry allowed. This includes ears, tongue, navel, facial, rings, bracelets, etc. Also would include hair ties around the wrist. A religious medal without a chain is allowed and must be taped and worn under the uniform. A medical-alert medal must be taped and maybe visible)  
Y or N      Number of athletes in violation \_\_\_\_\_
  
- Hair:** (hair should be pulled back and off of the shoulders. Hair pieces must be secure)  
Y or N      Number of athletes in violation \_\_\_\_\_
  
- Glitter:** (no loose glitter allowed. Glitter lotions, eyemakeup, hairsprays permitted)  
Y or N      Number of athletes in violation \_\_\_\_\_
  
- Gum or Candy:** (no gum or candy is permitted in participant's mouth)  
Y or N      Number of athletes in violation \_\_\_\_\_
  
- Braces, Casts, etc :** (Supports, braces, etc., which are hard and unyielding or have rough edges or surfaces must be padded with a closed-cell, slow-recovery foam padding no less than one-half inch thick. Padded knee and ankle braces which are unaltered from the manufacturer's original design/production do not require any additional padding. A participant wearing a cast (excluding a properly covered air cast) must not be involved in a stunt.  
Y or N      Number of athletes in violation \_\_\_\_\_

Any other items in question should be listed here and the Tech. Judge will make a decision upon review.

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**Safety Inspector Signature**

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