

Scoresheet Key

Difficulty:

Highest Difficulty 8-10 points: Front Hurdle, Pike, Double 9

Mid-Rage Difficulty 5-7 Points: Toe Touch, Right/Left Hurdle

Low Difficulty 1-4 Points: T-jump, Tuck Jump, Spread Eagle

(score is an average based on the 3 highest difficulty jumps performed)

Technique:

Pointed Toes - 2 points

Arm Placement - 2 Points

Height - 2 Points

Landing - 2 Points

Head and Chest Placement - 2 Points

Overall Impression

Based off overall score as well as overall creativity and poise